

# About your Advocate



Registered Charity No. 1048075  
Company No. 3068125



## About your advocate



An advocate is there to speak up for you and your rights.



An advocate will help you to tell other people what you want to happen, now and in the future.



Advocacy is there to make sure people listen to what you want, when people are making decisions about you.

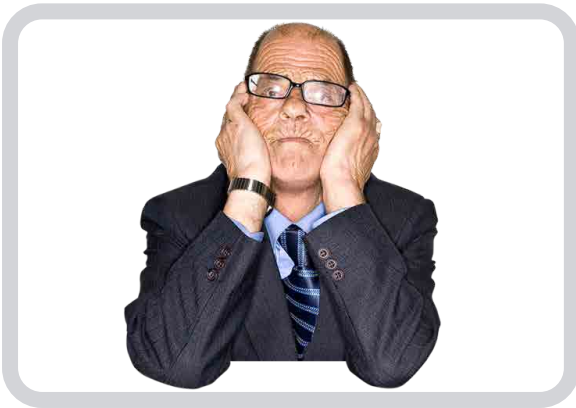


An advocate is independent from everyone else, they are there to find out your views, thoughts and ideas and help you share them with others.

## About your advocate



An advocate can find out your views and wishes about where you live and if you are happy there.



An advocate can help you if you have any worries or concerns about where you are and the support you are getting.



Advocacy is about safeguarding (keeping you safe) you and your rights.



Your advocate will let you know when they will visit you.



Write to:  
Asist - Freepost  
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Stoke-on-Trent  
ST4 2BR



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